

IF YOU HAVE COVID

- You must isolate for **ten days not 14**.
- You will now be required to let your friends, family, employer and/or school know. Your contacts should all get tested.
- The Department of Health will still contact you when you get COVID, to confirm your isolation and offer any support or relief needed.
- The people you live with must quarantine for 7 days if fully vaccinated, or 14 days if not.
- Supporting information online:
Checklist for COVID cases - coronavirus.vic.gov.au/checklist-cases

IF YOU ARE A NON-HOUSEHOLD CONTACT

Social contacts

- People with COVID must tell any friends and family they have seen recently.
- If you are notified you should go and get tested and isolate until you receive a negative result.
- When you return a negative PCR test your isolation ends.

Workplace contacts

- People with COVID must tell their employer.
- Workplaces will identify workers who are close contacts and ask them to get tested.
- Workers who are close contacts can return to work once they return a negative test.

Workplace & educational contacts will be provided with rapid antigen tests (RAT) for use in the 7 days post exposure. RAT use is strongly recommended for workers attending sensitive settings (education, aged care, hospitals) and students attending educational and care services.

IF YOU ARE A HOUSEHOLD CONTACT

- People who live with someone with COVID still need to quarantine.
- Household contacts need to get a PCR test and quarantine:
 - Vaccinated – 7 days
 - Unvaccinated – 14 days
- If all adults in household are vaccinated, their children under 12 only need to quarantine for 7 days.
- If any household contacts test positive they must isolate for 10 days from their positive test result.
- **'Household'** includes household-like settings such as aged care facilities and boarding houses.

EXPOSURE SITES

- With close to 90% of Victorians fully vaccinated against COVID, contact tracing for casual contacts and public exposures does not provide a significant public health benefit.
- Exposure sites will no longer be published online.
- Patrons or visitors will not be notified by Department of Health of potential COVID exposures at places like restaurants, cafes, or shops. Business owners or staff will not know of potential COVID exposures via patrons or visitors.
- A new alert function in the Service Victoria app can notify people who have checked-in at a venue where there is a higher risk of transmission.

QUARANTINE AND ISOLATION

	Vaccination status	Isolation or quarantine requirement	PCR test	Rapid antigen test
Positive for COVID	Any	10 days from date of positive test		N/A
Household contact	Fully vaccinated and their children 0-11	7 days from diagnosis of first case in household	Day 0 and Day 6	N/A
Household contact	Non-vaccinated	14 days from diagnosis of first case in household	Day 0 and Day 13	N/A
Workplace contact	Any	Until negative test result	Yes	Provided. Recommended if attending sensitive settings for 7 days following exposure
School/education contact	Any	Until negative test result	Yes	Provided. Strongly recommended for attendance, for 7 days following exposure
Social contact	Any	Until negative test result	Yes	Not provided.
Symptomatic	Any	Until negative test result	Yes	Not provided.

OFFICIAL