

Woodward Conference Centre, 10th Floor,
185 Pelham Street, University of Melbourne
Parkville Vic 3052



victorian refugee
health network

Saturday, 8.30am - 5.00pm, 4th August 2018

GENERAL PRACTICE REFUGEE MENTAL HEALTH FORUM

PROGRAM FACILITATOR DR JOANNE GARDINER

SESSION ONE	TOPIC	PRESENTER
8.30am	Welcome	Dr Joanne Gardiner, General Practitioner, Cohealth, GP Counsellor, Foundation House
8.40am – 9.10am (20 min presentation, 10 min questions)	Setting the scene: settlement policy and health service systems	Philippa Duell-Piening Coordinator, Victorian Refugee Health Network
9.10am – 9.40am (20 min presentation, 10 min questions)	Community Insight	Sandra Abid Assyrian Bi-Cultural Worker, Victorian Foundation for Survivors of Torture
9.40am - 10.45am (45 min presentation, 20 minutes questions)	Cross cultural mental health assessment and approaches to care	Dr Prem Chopra, Consultant Psychiatrist, Victorian Foundation for Survivors of Torture

10.45 AM - 11.15 AM MORNING TEA

MORNING CONCURRENT WORKSHOP SESSIONS 11.15AM – 12.45PM

WORKSHOP ONE	WORKSHOP TWO
Approaches to counselling in general practice	Working with survivors of torture
Dr Joanne Gardiner	Dr Ida Kaplan, Direct Services Manager at the Victorian Foundation for Survivors of Torture

12.45 PM – 1.30 PM LUNCH

AFTERNOON CONCURRENT WORKSHOP SESSIONS 1.30 PM – 3.00PM

WORKSHOP THREE	WORKSHOP FOUR	WORKSHOP FIVE
Children and adolescent mental health	Asylum seeker mental health (including impact of prolonged detention)	Psychiatric aspects of refugee mental health care including the assessment and management of risk
David McMaster, Refugee Access Project Lead, Orygen Youth Health – Parkville	Dr Ida Kaplan	Dr Prem Chopra

3.00 PM - 3.30 PM AFTERNOON TEA

3.30pm – 4:00pm
(10 min presentation, 20 min activity)

Vicarious trauma: does it apply to us?

Dr Ida Kaplan

PANEL DISCUSSION

QUESTION

PANELIST

4.00pm – 5.00pm

“What does good mental health care for people from refugee backgrounds look like in primary care?”

Dr Joanne Gardiner
Dr Ida Kaplan
Dr Prem Chopra
Sandra Abid

Each Panelist is given 5 minutes to response to the question.
Then the floor will then be opened for the audience to engage in a lively debate

FORUM'S AIM

Following this professional development participants will have a greater be ability to:

- Discuss the clinical and social issues that people who are refugees and those seeking asylum may face and use relevant guidelines to support their management.
- Describe strategies to communicate with people who are refugees and those seeking asylum.
- Explain a range of options for the effective management of mental health issues and risks experienced by people who are refugees and those seeking asylum.
- Find key resources and supports that are available for people who are refugees and those seeking asylum.
- Access resources to promote self-care and identify signs of burn out.

ACCREDITATION INFORMATION

This activity is accredited with the RACGP for 40 Category 1 QI&CPD points.

- To receive QI&CPD points participating GPs must complete a predisposing and reinforcing activity and complete an evaluation form following attendance at the program.
- The predisposing activity will be emailed to you within the week after you register.



This activity will also be accredited with ACRRM.

To [register](#) and find out more go to <http://refugeehealthnetwork.org.au/general-practice-refugee-mental-health-forum/>

Contact Details osmans@foundationhouse.org.au

** Program correct at time of printing/publishing and maybe subject to change

FORUM PARTNERS

