Refugee Health and Wellbeing Unit

- This unit will assist nurses and midwives to work with refugees and asylum seekers within a social model of health.
- You will gain skills in how to identify gaps in health services and advocate for refugees in the context of their communities. It will lead to an in-depth understanding of the effects of torture and trauma on the health and health care of refugees.
- The unit includes skill development in refugee health assessment and responding to issues of health literacy, organisation and individual cultural responsiveness, community capacity building and evaluation in refugee health and wellbeing.
- This new unit was developed in 2012 as a partnership between Monash University, the Victorian Foundation for the Survivors of Torture (Foundation House) and the State Wide Refugee Nurse Facilitator. It is sponsored by the Victorian Government.

Who will benefit

This course is aimed at nurses and midwives working with people of refugee backgrounds (including asylum seekers) in primary health care and other health settings including schools, acute hospitals, maternal and child health and private practice. The course has a focus on the primary health care sector and the settlement services provided for refugees and asylum seekers within the Australian context.

How will you benefit

Nurses working with people of refugee and asylum seeker backgrounds will be able to expertly assess, manage, educate, refer and advocate for the specific needs of this vulnerable population.

Workload requirement

A 12 week ONLINE course which includes a two day workshop based at Foundation House, Brunswick, Melbourne.

Support

Tutorials are offered throughout the unit at Monash University - Berwick campus. The co-ordinator is available for assistance either on campus, by email or telephone.

Objectives

- Discuss the socio-political aspects of refugee and asylum seeker settlement.
- Adapt socio-cultural practice within the refugee context.
- Analyse and understand the impact of torture and trauma on the refugee populations and healthcare.
- Analyse approaches to health literacy in the refugee context.
- Interpret the nature of engagement, mediation and teamwork in refugee health.
- Utilize skills in refugee health assessment and care in individual and family contexts.

This course has been developed with funding support from the Victorian Department of Health.
Refugee Health and Well Being Unit

2013

Monash University

“An opportunity to be a trailblazer in refugee health care”

For more information contact
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There are a number of options available for nurses and midwives

1. Single subject NUR5833 - Refugee Health and Wellbeing unit as a single unit in semester 1
2. Graduate Certificate (Refugee Health) – NUR5833 Refugee Health and Wellbeing and NUR5844 Health Promotion and Education (semester 2)
3. Master of Nursing (Refugee Health). Complete the two units above with core subjects in the Master of Nursing program

Go to
http://monash.edu/pubs/handbooks/courses/1250.html
Scroll down the page to find the link to the refugee health specialty stream units.

Opportunities for scholarships to assist study
Royal College of Nursing
Department of Education and Early Childhood Development

Some students and lecturers at the first Foundation House workshop 2012

“Meeting everybody over the last two days has been absolutely the best. I love that we are the trailblazers for this course.”

Student testimonial from first workshop