

victorian refugee health network

# State-wide Meeting April 2022



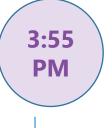
#### **Headline Updates:**

- National Policy Update: Refugee Council Of Australia (Sahar Okhovat)
- Victorian Refugee Health Network Update: Victorian Refugee Health Network (Gavin Halge)
- Settlement Service Update: AMES (Gerard Murren)
- VRHN Strategic Plan 2022-2024: VRHN Executive member (Jessica Trijsburg)
- Mental Health Reforms: Department of Health (Irene Tomaszewski)
- The Program for Refugee Immunisation,
   Monitoring and Education (PRIME)
   Update: Georgie Paxton



Clinical Group Discussion:

Overview of coordinated response to newly arrived refugees including the challenges, lessons learned and future planning.



 Evaluation via SurveyMonkey



Meeting Close



# **Headline Updates**





National Policy Updates

Sahar Okhovat- Refugee Council Of Australia

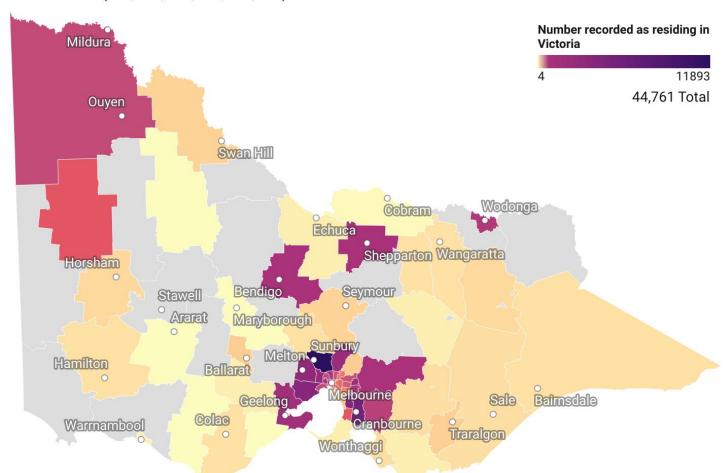
# Settlement Data in Victoria

### Top 10 settlement areas

Local Government Area	Number of arrivals (Visa Subclass 200s series & 866)
Hume (C)	11,893
Casey (C)	5,232
Wyndham (C)	3,678
Greater Dandenong (C)	3,650
Melton (S)	2,932
Brimbank (C)	2,528
Whittlesea (C)	2,102
Maroondah (C)	1,681
Greater Geelong (C)	1,422
Greater Bendigo (C)	892
Greater Shepparton (C)	850
Yarra Ranges (S)	749
Maribyrnong (C)	634
Moreland (C)	600
Melbourne (C)	504

# Humanitarian settlers in Victorian Local Government Areas over the ast 10 years

Visa Subclass (200, 201, 202, 203, 204, 866)



Interactive Map available at <a href="https://www.datawrapper.de/">https://www.datawrapper.de/</a> /P1W6w/

Date of Arrival between 31/03/2012 and 31/03/2022

\*355 Humanitarian settlers had not recorded their LGA

Date of Arrival between 31/03/2012 and 31/03/2022

Map: Victorian Refugee Health Network • Source: Department of Home Affairs - Settlement Data • Map data: ABS • Created with Datawrapper

### Settlement Data in Victoria

### Humanitarian settlers in Victoria over the last year according to age

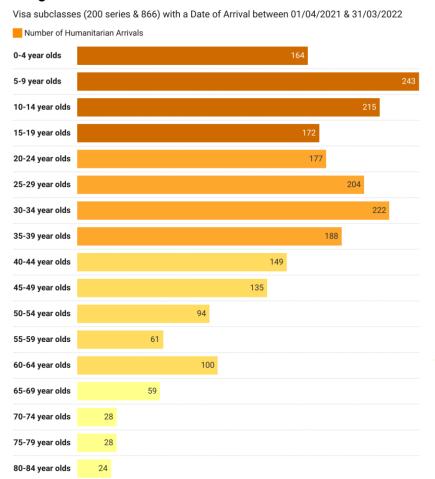
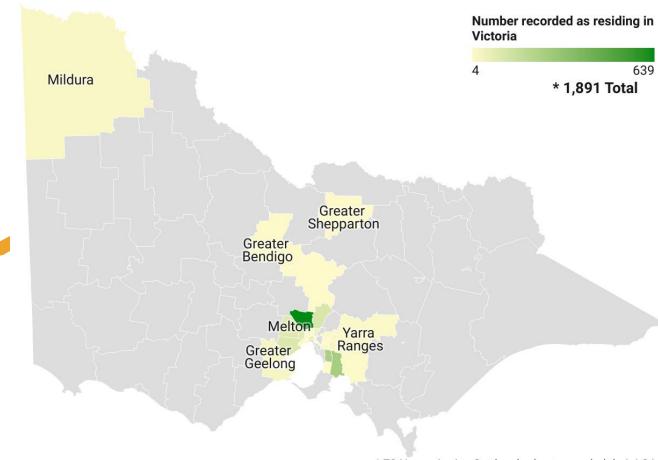


Chart: Victorian Refugee Health Network • Source: Department of Home Affairs • Created with Datawrapper

Date of Arrival between 01/04/2021 and 31/03/2022

# **Humanitarian settlers in Victorian Local Government Areas** over the last year

Visa Subclass (200, 201, 202, 203, 204, 866)



\* 78 Humanitarian Settlers had not recorded their LGA

Date of Arrival between 01/04/2021 and 31/03/2022

Map: Victorian Refugee Health Network • Source: Department of Home Affairs - Settlement Data • Map data: ABS • Created with Datawrapper

Interactive Map available at: <a href="https://www.datawrapper.de/">https://www.datawrapper.de/</a> /Iz890/

### Settlement Data in Victoria

# **Country of Birth - Humanitarian Settlers in Victoria over the past year**

Visa Subclasses (200 series & 866)





\*Total number 1,891

Date of Arrival between 01/04/2021 and 31/03/2022

Map: Victorian Refugee Health Network • Source: Department of Home Affairs • Created with Datawrapper

**Interactive map available** at: <a href="https://www.datawrapper.de/">https://www.datawrapper.de/</a> /tzEaF/

	Numbers on Visa Subclass (200s and
Country of Birth	866)
IRAQ	914
AFGHANISTAN	563
SYRIAN ARAB REPUBLIC	126
MYANMAR	84
IRAN	58
JORDAN	32
PAKISTAN	26
ERITREA	14
INDIA	12
TIBET (SO STATED)	12
LEBANON	11
ETHIOPIA	11
TURKEY	6
SAUDI ARABIA	6
THAILAND	8
MALAYSIA	8
YEMEN, REPUBLIC OF	8
CAMBODIA	4
UNITED ARAB EMIRATES	8
SUDAN	4
EGYPT	4
AUSTRALIA	4
SOMALIA	4
FRANCE	4
Grand Total	1891

### **VRHN** Updates



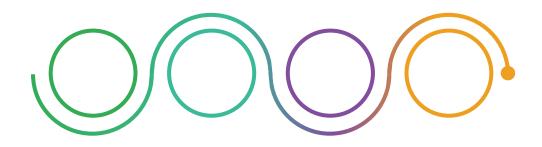
 VRHN now have a full team:

Kristina Rienmueller, Reham Elzeiny, Gavin Halge & Tilly Carrodus

- Website review process underway
- VRHN Strategic Planning

#### **Advocacy/ Sector Development & Policy**

 Submission on VIC Budget that included endorsement for the expansion of the Refugee Health Program



# VRHN Continue to work in the following areas:

- Afghanistan Arrivals Health Coordination
- COVID-19 Sector Coordination Call
- Continue to maintain focus on COVID-19 Health protection projects
- Monthly E-Bulletin distribution
- Attendance at sector meetings

**Humanitarian Settlement Program** 

Gerard Murren - AMES



### **Humanitarian Intake**



Referrals and arrivals to the Humanitarian Settlement Program has resumed



Arrivals from Afghanistan, Syria/Iraq and Myanmar



Quarantine requirements for unvaccinated arrivals ceased on the 22/04/2022



Normal intake and servicing of clients has resumed for those arriving on the Refugee XB visa



Housing in regional Victoria has been an issue for refugees wishing to settle in the regions



New Case Managers and teams across Melbourne due to the Afghan evacuees and also the opening of International Boarders

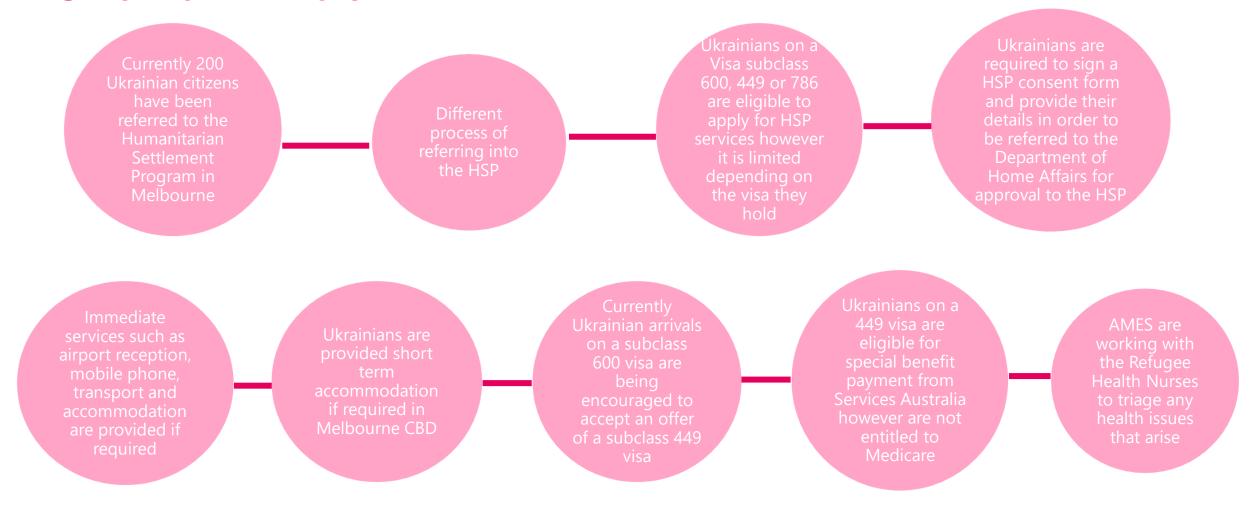


Enquires to HSP Intake <u>HSPIntake@ames.net.au</u>

## Afghan Arrivals

- ☐ 2500 Afghan arrivals on a 449 visa
- ☐ Process for applying for a Protection Visa has commenced
- ☐ Majority of the Afghan arrivals have secured long term accommodation primarily in the Southeast region
- ☐ Continue to work with 200 still in short term accommodation in Melbourne's CBD
- ☐ AMES working closely with Department of Education, Noble Park English Language School and Foundation House to assist with the current waitlist for English Language School

### **Ukrainian Arrivals**



# Thank you!

For more information contact:

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Email: <a href="mailto:murreng@ames.net.au">murreng@ames.net.au</a>

# Victorian Refugee Health Network Strategic Plan 2022-2024

VRHN Statewide Meeting Thursday 28 April 2022



Jessica Trijsburg 0478 706 482 | jessica.trijsburg@monash.edu

### **VRHN Strategic Plan**

Guides delivery of network Mission, Vision and embodies Values



Mission: Collaborating to reduce health disparities experienced by people from refugee backgrounds, including people seeking asylum.

Vision: Victorians from refugee backgrounds, including those seeking asylum, have timely access to appropriate services and other resources required to build and maintain health and wellbeing.

Values: Collaboration | Accountability | Responsiveness| Political neutrality

### **VRHN Strategic Plan**



Link to video here: <a href="https://www.youtube.com/watch?v=8qB7pPf6Ec&feature=emb\_title">https://www.youtube.com/watch?v=8qB7pPf6Ec&feature=emb\_title</a>

### VRHN Strategic Plan



#### **Panel selection**



# Deliberative Process 3 full-day workshops | June 2022



Participants/clients from diverse backgrounds (past and current)

Direct clinicians/front-line workers

Strategic/governance level service provider representatives



- Accessibility and inclusion
- Agree on process
- Identify information gaps
- Establish parameters

#### Session Two

- Requested data and experts present to the group.
- Discussion
   of strategic
   themes and
   focus areas.

#### Session Three

- Themes developed into strategic recommendations and collated.
- Report presented to Chair

Chair presents
deliberative
report to
Executive
to inform
strategic plan

# Mental Health and Wellbeing System reform update

Irene Tomaszewski

Mental Health and Wellbeing Division

28 April 2022



# Key reform priorities for 2021-22

# Governance & advisory structures

Mental Health Ministerial Advisory Committee (MHMAC)

Interdisciplinary Clinical Advisory Panel (ICAG)

Lived Experience Advisory Group (LEAG)

# Mental Health & Wellbeing Act

Safeguarding the rights of people Includes improved

Includes improved access to culturally appropriate and safe mental health and wellbeing services

#### Victorian Collaborative Centre for Mental Health & Wellbeing

Purpose-built facility

Brings people with lived experience together with and researchers and experts

#### Interim Regional Bodies

Bodies will assist and advise Vic Gov on the delivery of local services

Currently recruiting for members of the Bodies

Key focus on reflecting diversity of regions

# Local Adult & Older Adult Mental Health & Wellbeing Services

Help people experiencing mildmoderate mental health challenges

20 sites announced

#### Workforce Strategy & Capability Framework

Launched December 2021

Focus now on implementation

# Outcomes & Performance Framework

Underpins measurement of the success of the reforms

Co-design process with people with lived experience

### Royal Commission and diverse communities



Recommendation 34 calls for the following:

- **Empower diverse communities** & community-led organisations
- Improve planning, access & navigability of the mental health system
- Greater accountability for a mental health system that is responsive to the needs of diverse communities
- Improved access to mental health information & means of communication
- Improved data collection & reporting
- Development of digital technologies to support delivery of language services

## Key initiatives for diverse communities

# Diverse Communities' Framework and Blueprint for Action

- Sets short- and long-term priorities for treatment, care, support, health promotion and sector capability
- Developed in partnership with Commissions, peaks, community organisations, service providers and members of the community
- Consultations to begin May/June 2022
- Scheduled for launch in March 2023

### Diverse Communities' Working Group

- Representatives from multicultural, LGBTIQ+ and disability peak and community organisations
- Includes lived experience representatives
- Guide the development of the Framework and Blueprint to shape MH reforms

### Key initiatives for diverse communities

### Diverse Communities' Grants Program

- \$2.4 million per annum over 4 years
- Phase 1 recognises the immediate need to fund the building blocks of the mental health reform and increase sector capacity & capability
- Phase 2 will be aligned with the priority themes and actions outlined in the Framework and Blueprint

Phase 1A (2021-2022)

- Direct allocation
- 1 year of funding
- Total pool of \$2.4 million
- Applications closed

Phase 1B (2022-2023)

- Open funding round
- 1 year of funding
- Total pool of \$2.4 million
- Applications open July 2022

Phase 2 (2023-2025)

- · Open funding round
- · 2 years of funding
- Total pool of \$4.8 million
- Applications open April/May 2023

### Upcoming opportunities to engage

Our team's email: <a href="mailto:mhwd.diversity@health.vic.gov.au">mhwd.diversity@health.vic.gov.au</a>

### Interim Regional Bodies recruitment

We're seeking members to join Victoria's eight new mental health Interim Regional Bodies The Interim Regional Bodies will assist and advise the Victorian Government as it plans and delivers mental health and wellbeing services and supports that meet local needs.

Each body will include at least one person with lived experience of mental illness or psychological distress and at least one person with lived experience as a family member or carer.

#### Find out more

Visit <u>www.fisherleadership.com</u> or <u>www.boards.vic.gov.au</u> for further details.



Applications extended to Sunday 1 May

### Engagement across all reforms



www.health.vic.gov.au/publications/calendar-of-forthcoming-mental-health-and-wellbeing-engagement-eoi-tender-advisory

# PRIME PROJECT

Georgie Paxton – Royal Children's Hospital

# PRIME original

- Original 3 years Nov 2016- Nov 2019
- 4 sites
  - Hume Whittlesea
  - CGD LGA NPELS & expanded
  - ASRC
  - Cabrini hub
- Multiple partners inc. DH VCF PHNs AMES RHP AIR others
- Results
  - 7652 enrolled
    - · Baseline 14.7% UTD for age,
    - 28% resident 12m+, but only 3.4% age 20y+
  - 6149 referred
  - 5355 initiated
  - 4555 completed coverage 91.2% enrolled 12m+

PRIME: Program for refugee immunisation monitoring and education

Briefing paper: 2016-2019 outcomes

February 2020



# PRIME - ongoing

Site	Notified Q1 2022	UTD at notify Q1 2022	Referred Q1 2022	Initiated Q1 2022	Completed Q1 2022	Total UTD
Hume- Whittlesea	<b>6247</b> 277	<b>1128 18.1%</b> <i>O</i>	<b>4810</b> 192	<b>4531</b> <i>138</i>	<b>3907</b> <i>66</i>	5035 80.6%
CGD-NPELS	<b>1463</b> <i>127</i>	<b>27 1.8%</b> <i>11</i>	<b>1422</b> <i>132</i>	<b>1399</b> <i>155</i>	<b>1149</b> 54	1176 80.4%
CGD expanded	<b>2021</b> <i>618</i>	<b>67 3.3%</b> <i>28</i>	<b>1521</b> <i>526</i>	<b>1222</b> 363	<b>819</b> <i>60</i>	886 43.8%
ASRC	<b>1221</b> 24	<b>105 8.6%</b> <i>0</i>	<b>997</b> <i>O</i>	<b>617</b> <i>6</i>	<b>463</b> <i>4</i>	568 46.5%
Cabrini	<b>570</b> <i>7</i>	<b>129 22.3%</b> 1	<b>441</b> 6	<b>410</b> 6	<b>376</b> 7	505 88.6%
Total	11,522 + 3870	1456 <b>12.6</b> %	9191 + 3042	8179 + 2824	6714 + 3278	8170 70.9% + 3615

# PRIME – abridged schedule (NPELS)

- Using childhood vaccines up to age 18y
  - Infanrix-hexa usual 0-9y → using 10-17y
  - MMR-V usual 4-14y → using 15-17y
  - Prior use oncology catch-up context
- Project plan 12/21 → 2/22
  - Vaccine Safety Victorian DH, TGA checks
  - CHO order scope of practice NI at LGA
  - Monitoring plan active, passive, stakeholders
- Catch up schedule reduces from 18-19 → 10-11 vaccines, 3 visits
- 1st 2 sessions ~ 100
- Halves everything needles, equipment, time taken, staff workload, (distress)
- Positive reception, monitoring in place

### PRIME-Covid

#### Hume-Whittlesea

• 5677 eligible clients (5y+)  $\rightarrow$  AIR assessed (up to 4/2022)

• 4040/4583 age 16y+ had 2 doses **88.1**% vs **>95**%

• 645/4583 age 16y+ had 3 doses 14.1% vs 69.1% - boosters 26/10/21

• 364/576 age 12-15y had 2 doses **63.2**% vs **80.4**%

• 12/518 of age 5-11y had 2 doses 2.3% vs 35.2% started 10/1, 8w interval

476 referred

215 completed 2<sup>nd</sup> dose, 46 completed booster dose

### CGD projects

- 1981 eligible (5y+) → **1526** AIR assessed
- 667/1526 up to date for age at notification 43.7%
- Data pending

Project commence Jan 2022

Acknowledgements - Rachael James and Sophie Deenmamode - ACPCC/Whittlesea

# Acknowledgements

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Settlement health coordinators & RHP - Natalie Henry, Janan Allouche, Lisa Scott, Aisleen Glasby, Kath Desmyth

AMES - Joe Garra, Tanya De Mel, Victoria Fisher, Sarah Daley

CGD projects – Lisa Beck, Carolyn Hilf, Jane Burkett, Yelda Arman, Anne Souter, Mina Dalili, Harleen Kaur, Meaghan Leamon, Monash Refugee Health – Chiedza Malunga, Jacquie McBride; EACH Maria Loupetis, Merilyn Spratling

ASRC - Catherinne Cursio, Sheenagh McShane, Nyree Chung, Amali Aluthgame

Cabrini – Tracey Cabrie, Bernadette Flanagan, Natasha Blucher, Hannah Juhrman, Gillian Singleton, Anikee Mallis

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External evaluation - Nigel Crawford, Margie Danchin, Shidan Tosif, Jessica Kaufman, Tash Brusco, Georgina Lewis

**Evaluation reference group** – Project teams, Secretariat support, DHHS colleagues, PHN colleagues, Merilyn Spratling, Kath Desmyth, Lindy Marlow, Kristina Bergin, Clare Tobin, Rachel Heenan, Simon Stokes, Ingrid Laemmle Ruff

Program logic development facilitation – Helen Jordan

Department of Health Immunisation Section - Masha Somi, Hope Peisley

Services Australia - Australian Immunisation Register staff - Scott Stokes, Leslie Jacobs, Tracie Hibberd

Contact: georgia.paxton@rch.org.au



3:10 PM

# Clinical Discussion

Overview of coordinated response to newly arrived refugees including the challenges, lessons learned and future planning. Kath Desmyth- Refugee Health Program
Jacquie McBride- Monash Health
Zabi Mazoori- Foundation House
Georgie Paxton- Royal Children's Hospital

# Refugee Health Program

How has the program been supporting and facilitating primary care response?

Collaboration of metro-RHPs to provide unified support and flexible model of care

Ongoing provision of immediate health needs and triage – for arrivals in STAs

Direct support and linkage with primary care services

GPs MCH services Immunisation

Direct linkage with specialist and tertiary services

Maternity RWH Australian College of Optometry Psychiatry

Support and collaboration with Settlement services (AMES, Micare, Spectrum)

Comprehensive refugee health screening for arrivals:

Complex health needs Transitioned to permanent residence

Coordinate, lead and influence health response across sector



# **Afghan Refugee Clinic**

- Funded by Department of Health.
- Nurse-led model, supported by community
   GPs and managed by cohealth Refugee
   Health Program

TOTAL ACTIONS  29 <sup>th</sup> Sep – Dec 17 <sup>th</sup> 2021		
Client appointments – on site	269	
Nursing – episodes of care	345	
GP Appointments	98	
Number of clients supported by BCW	211	
Number of clients – Vaccination certificate support	274	

## Refugee Health Program

### Challenges

Significant delays with Medicare

Accessing services such as GPs, pathology, radiology

Delayed comprehensive refugee health screening

Managing number of arrivals within existing resources and constraints of pandemic

# Monash Refugee Health and Wellbeing

Month- 2021/ 2022	Number of evacuee referrals
September	69
October	399
November	633
December	328
January	128
February	125
March	334
Community links	268
<b>Total Referrals Sept 2021- March 2022</b>	2284

# Monash Refugee Health and Wellbeing Clinic

### What did we do?

1

Ramp up nursing and medical services to respond to demand

- Screening community links
- AMES: Triage/ screening/ referral

2

Formalise pathways across MH to address emerging needs e.g.: maternity, dental, radiology, pathology 3

Liaise with Public Health Networks – local GPs 4

Liaise with universal providers e.g., MCH

### Monash Refugee Health and Wellbeing

#### What did we see?



 Significant nutritional deficits: B12 and Iron (Fe)



 Latent tuberculosis infection (LTBI)



• Thalassemia major



 Cardiovascular Disease



 Catch up Immunisation



 Undiagnosed Diabetes



 Sexual and Reproductive Health concerns



 Complex disabilityparticularly in children



 Mental Health: mental illness, PTSD, grief



Oral health.

# Learnings & Challenges

Health is integral to optimal settlement outcomes and should be embedded as part of a comprehensive Humanitarian Settlement Program

Timely access to primary care for comprehensive on arrival health assessment/ screening IS critical. Should this be in the form of a "specialist primary care" model with established links to broader universal service system?

Medicare access is fundamental to addressing on arrival health needs

Dedicated resources are required to lead, support and enable innovation responsiveness

RHP has knowledge, skills and capacity to deliver flexible models of care that transcend regional boundaries, and this should be encouraged

Relationships are key to ensuring service access and health equity and should continue to be nurtured across the RHP

Service system delays/ gaps eg: NDIS for those with complex physical and mental health needs to prevent hospitalisation and deterioration require urgent attention Funding of Health is complex.
Ongoing avenues for dialogue is required to ensure State and Federal responsibilities and complexities can be escalated and resolved e.g. NDIS

### **Foundation House**

- Crisis response information and psychoeducation sessions for existing Afghan community
- Huge demand for individual counselling (diaspora and evacuees)
- Ongoing online welcome and information groups for new arrivals
- Assisting in processes such as strategic planning, lobbying and advocacy
- Community consultation and partnership with other organisations
- Development and implementation of a shortterm psychosocial counselling model

### Afghanistan Community Response

- Short-term counselling for new arrivals
- Psychosocial groups
- Working with the sector and services in the region to provide support and responses to evolving community needs
- Working closely with Afghan community organisations
- Linking the new arrivals with the existing Afghan community

### Challenges included

- Running the information sessions online
- Not being able to meet new arrivals in person
- Readiness for trauma counselling
- Limited resources to meet demands in a short amount of time

# Evaluation survey

https://www.surveymonkey.com/r/9JKQPZ2



victorian refugee health network Thank you for attending the VRHN State-wide Meeting!

April 2022