



VICTIM
SUPPORT
SERVICE



How can we help?

Why VSS? We have specialist counsellors who can support you.

Our Mission At VSS- We believe that everyone should have equal rights.

Our Services- Victim Support Service provides counselling to all victims of crime and abuse, as well as court support and referrals to services who can help.

Visit victimsa.org or call
1800 842 846



Counselling & Helplines

LGBTQI+ Specific

QLife 1800 184 527 (3pm- Midnight)

qlife.org.au

Our Place 8202 5190

unitingcommunities.org/our-place

Gender Wellbeing Service 7099 5320

shinesa.org.au

Peer Support

Bfriend 8202 5190

unitingcommunities.org/bfriend

Domestic & Family Violence

1800 RESPECT 1800 737 732

1800respect.org.au

Domestic Violence Crisis Line

1800 800 098

womenssafetysservices.com.au



More Confidential Support

Mental Health

Beyond Blue 1300 224 636

beyondblue.org.au

Lifeline 13 11 14

lifeline.org.au

Sexual Health

Shine 1300 883 793

shinesa.org.au

Yarrow Place 8226 8777

sahealth.sa.gov.au

SAMESH 7099 5300

samesh.org.au

For Students

Your school or education setting wants to help and has policies to protect your safety. Speak to a trusted person in your setting so they can support you.



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Rainbow Safety Guide for Young People (12-25 yrs)

You have the right to be safe from violence and abuse

This guide contains information about abuse, LGBTQI+ resources & Victim Support Service



Supported by
Government of South Australia
Department of Human Services



Groups & Events



Community is important; here are some ways to get involved with the LGBTQI+ community in SA.

LGBTQI+ Events Community Calendar
adelaidelgbtevents.webs.com/

Rainbow Directory
rainbowdirectorysa.com.au

LGBTQI+ Group list
victimsa.org/LGBTIQ-groups



victimsa.org/LGBTIQ-home



SA Police

In an emergency
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For police assistance/attendance
131 444

Aboriginal and Torres Strait Islander Services

Kornar Winmil Yunti
(08) 8211 6770

Translating and Interpreter Service
131 450

SA Family Violence Investigation Sections

East 7322 4890 | South 8392 9172
North 8207 9381 | West 8207 6413



LGBTQI+ people experience higher rates of violence and are less likely to access resources for help for fear of being discriminated against because of their gender or sexuality.

Remember: If someone makes you feel uncomfortable or unsafe in any way it is not okay.
The fact that it happens often does not make it okay.

You're not alone, we and other organisations are here to support you and accept people of all genders and sexualities.



Call us at **1800 842 846**



Violence or abuse doesn't only include overt physical or verbal abuse. It may include:

- Changing the way you dress or act to appease your partner
- Being isolated from loved ones due to your sex, sexuality or gender
- Receiving texts or calls constantly
- Your partner controlling your finances, including accumulating debt in your name
- Threats of taking away medications (including hormones) or medical services
- "Out"ing or threatening to "out" your sexuality, gender or intersex status